

KN Sport

Sports news, results, reports call:
01535 606611

John Heald
Sports editor
Ext 242
Fax: 01535 603335



Fell running scene shines with talent

IAN HOLMES sept to victory in the Yorkshire Championship fell race at Haworth on Saturday.

The 34-year-old British Champion was on home ground to retain the title he won in 1994 and 2000 in the Withins Skyline race. It was his fourth win in the event which runs from Penistone Hill to Top Withins and back, previously taking the tape in 1992, 1996 and 1999.

Last year he fell at Top Withins, but this year he took special care.

"I tiptoed past where I fell even though I have trained their numerous times," he said.

Heavy conditions made the going tough, but only Phil Sheard stayed with him to Oxenhope Stoop as he clocked a time of 41mins 20secs, exactly a minute ahead of Sheard from the Pudsey & Bramley club. Rob Hope (42:46) was third and Robert Jebb fourth in 43:16.

The women's title was taken by Mary Wilkinson, 20, a member of Skipton Athletics Club. She clocked a time of 50:11 and is currently studying PE and

Sports Science at Loughborough University. The talented sports-woman has also represented Yorkshire at netball, hockey, sportball athletics,

Helen Glover has been crowned British Under-18 fell champion. The Oakbank School pupil ran in the Under-18 home internationals in Belfast recently and won the 4.5K by a huge margin. She was 30 seconds ahead of her closest rival. The four-strong English Ladies team also won gold in the team competition.

javelin and cross country. She has also played with Bradford City's ladies football team.

Tracy Ambler of Ilkley was second in the Yorkshire Ladies champion in, with Pauline Munro (Bingley) taking the bronze medal.

Bingley Harriers won the Yorkshire Championship team award with Ian Holmes, Robert Jebb and eighth place Robin Lawrence taking the team to victory.

The race team results were: Bingley (13pts), Pudsey & Bramley (16pts), Clayton-le-Moors (48pts).

Bingley Harriers also won the Ladies team award with Pauline Munro, Helen Johnson and Jill Wahley. 2 Ilkley 39pts, 3 Keighley & Craven) Helen Glover, Debbie Spurr and Christine Preston.

Helen Glover was also first Under-18 girl.

After finishing fifth in the Withins event Helen Johnson went on to win the Stanhill Race at Oswaldtwistle near Blackburn, Lancashire, in a record time of 38mins 47secs.

The win also gave her aggregate victory in the series which included the Great Hambleton race.



Ian Holmes leads the field in the opening stages of the Withins Skyline race



Helen Glover



Jonathan Lynch (6th junior)



Joshua Darling (1st Under-12)



Caleb Wetherall (3rd Under-14)

Stars of the future



Yorkshire Ladies Champion Mary Wilkinson with co-sponsor Norman Berry and Tracy Ambler (left) and Bronze medalist Pauline Munro.

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