

A Holme victory for Ian

Auld lang Syne Fell Race, Keighley, W Yorks, December 31



■ The runners leave the start at Penistone Hill Country Park. Photo: David S. Brett.

Carol Greenwood clinched her fourth victory in five days with a convincing win over Sarah Rowell - despite reports of a troublesome hip injury curtailing her training.

The injury hasn't prevented Greenwood from excelling at her other favourite sport - cyclo-cross - where she has won half a dozen events over the Christmas period alone, and is currently international standard, should she wish to pursue the sport further.

But with the Bingley woman in such commanding form cyclo-cross's loss is, thankfully, fell running's gain as she showed her true class with an excellent 16th placing to add to victories sealed at Whinberry Naze, Beacon Hill, Barnoldswick - all with one day's rest thrown in between!

World Cup international, Ian Holmes also had a spectacular victory coming home well clear of the inform Colin Donnelly - up from Wales visiting

■ Gareth Webb reports

his in-laws - and Sean Willis of Ambleside.

On a shortened course, owing to the severe blizzard conditions, especially on the tops, Holmes pulled away sharply from the start and ploughed through the deep mud to open a 100m lead at the summit.

From thereon, the 29-year-old Yorkshireman kept applying the pressure all the way to the line, admitting later: "That was really hard work and it took more out of me than usual. I know I had a good lead at the top, but there were some good lads in the field and I wanted to make sure. And that's why I took it on from the start as well."

Just out of the top three, in fourth place, finished a name for the future - Robert Hope of Horwich. Hope, the current English Junior Champion, has been showing fine form of late and regularly places highly in international company.



■ Right: The leaders, Ian Holmes of Bingley (646), Sean Willis of Ambleside and Colin Donnelly. Photo: David S. Brett.



■ Right: John Wright of Todmorden Harriers. Photo: David S. Brett.

RESULTS

<p>1. I. Holmes (Bing) 30:08; 2. C. Donnelly (Eryn) 31:02; 3. S. Willis (A'side) 31:10; 4. R. Hope (Howe U20) 32:29; 5. L. Ferguson (Bing) 32:43; 6. J. Butler (Keigh RR. M40) 33:26; 7. D. Woodhead (Howe) 33:43; 8. M. Woods (Unatt) 33:45; 9. N. Stone (Stoke) 33:48; 10. D. Gartley (Gloss) 33:52; 11. C. Urmostone (CleM) 34:15; 12. J. Wright (Tadm) 34:36; 13. S. Addison (CleM) 35:02; 14. N. Addison (CleM) 35:15; 15. S.</p>	<p>Warren (Bol) 35:30; 16. C. Greenwood (Bing. W) 36:04; 17. P. Targett (CleM) 36:05; 18. K. Carr (CleM. M50) 36:11; 19. J. Hope (Ach. R. M40) 36:15; 20. N. Pearce (Bk) 36:16.</p> <p>U18: A. Burnett (Leeds) 36:17; M60: J. Newby (Tadm) 45:09.</p> <p>Team: 1. Bingley 22; 2. Horwich 35; 3. Clayton-le-Moors 38.</p>	<p>Women</p> <p>1. C. Greenwood (Bing) 36:04; 2. S. Rowell (P&B) 37:03; 3. N. Wilkinson (B'burn) 41:24; 4. G. Becker (Fellam. W40) 41:29; 5. J. Greenwood (Ball) 42:51; 6. L. Bostock (CleM. W35) 43:49; 7. L. Platt (CleM) 44:54; 8. L. Waring (Skip. W35) 44:56; 9. C. Fawcett (Keigh RR. W40) 45:01; 10. C. Campbell (CleM. W40) 45:25; U18: A. Green (Spem) 50:40; W50: D. Madden (Gloss) 50:58.</p>
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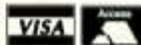
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