

Holmes is the star in Harden hop

Bingley Harrier Ian Holmes 'hared' round to triumph in the Harden Moor Bunny Run Fell Race near Keighley.

The Haworth-based international ran out an easy winner, over the three mile course from the Guide Inn.

He also led his club to victory with support from runner-up Rob Jebb - 26 seconds adrift in 18min 25sec - and tenth-placed Paul Mitchell.

Pudsey and Bramley's Phil Sheard filled fourth place (19-

07), while Keighley and Craven's Jeff Emmott lifted the veterans' over-40 prize in seventh place (19-23).

First youngster (under16) was Lee Broadley of Bingley Harriers, while his clubmate, long-distance specialist Stuart Thompson lifted the over-50s title, beating Skyrac's Malcolm Coles by 28 seconds in 23-4.

Spenborough's Kath Drake notched a convincing win in the women's race, beating Wibsey-based Andrea Denni-

son (Bradford Airedale) by over half a minute in 22-31 with Pudsey and Bramley's Jean Shotter taking third place in 23-29.

First in the over-60s was Colin Huntley of St Bede's, who narrowly edged out Bingley's Bernard Crowther by four seconds in a sprint finish.

Bunny Run One - Men: 1 Ian Holmes (Bingley Harriers) 17min 59sec, 2 Rob Jebb (Bingley Harriers) 18-25, 3 Mark Horrocks (C & M) 18-59, 4 Phil Sheard (Pudsey and Bramley) 19-07, 5 Dale

Wilkinson (Rochdale) 19-16, 6 Mark Moore 19-21.

Veterans: 1 Jeff Emmott (Keighley & Craven) 19-23 (V40), 2 Jeff Winder (Calder Valley) 20-16 (V40), 3 S Thompson (Bingley) 23-04 (V50), 4 M Coles (Skyrac) 23-32 (V50), C Huntley (St Bede's) 30-29 (V60).

Women: 1 K Drake (Spennings) 22-31 (CV35), 2 A Dennison (Bradford-Airedale) 23-3, 3 J Shotter (Pudsey and Bramley) 23-29 (CV35).

Teams - Men: 1 Bingley Harriers 13pts, 2 Pudsey & Bramley 38. **Women:** 1 Abbey Runners.