



**2024 British Senior & U23 Mountain Running
 Inter County Championship race
 Sunday 21st April
 Incorporated within European Up & Down Trials race**

Venue – TBC

Start - TBC

Race info - <https://britishintercountiesfellrunningchampionships.wordpress.com/>

Yorkshire selection will be 5 men including at least one MU23 and 5 Women including at least one WU23. The minimum age for competitors is 18 on 21st April 2024.

There is no selection race – selection is based on athletes form

Qualification for selection for the Yorkshire Team for the Inter County Championships;

- All athletes **MUST** have been born in North, South or West Yorkshire
- or have 9 months continuous residence in the Counties prior to competition.
- An athlete can only compete in the Championships for one County in any 12 months period.

If you are interested in selection for these championships.

Please contact - Yorkshire Mountain Running Inter County Championship Team

Selectors & Team Managers: Eileen & David Woodhead

Telephone: 01535 669100.

For updated information see; www.woodentops.org.uk