

## It was a Silver day out for Yorkshire

Silver was the colour of the day for our Yorkshire teams in the British U17 & U19 Inter County Fell Running Championships at the Clougha Pike Fell Races on Saturday 22<sup>nd</sup> June 2019 from Quernmore in the Trough of Bowland Lancashire.

In the FU17 race Lilli Carr 4<sup>th</sup>, Lexi Whitaker 5<sup>th</sup> & Betty Bergstrand 6<sup>th</sup> gave great packing for the team to win Silver medals, with North Wales winning Gold and Scotland Central the Bronze medals. Individual Champion was Anna Hedley of Scotland Central who runs for Fife AC and won the Bronze medal in the Inter County XC Championships and finished third FU17 in the Virgin Mini London Marathon earlier in the year, showing how competitive these Fell Running Championships are becoming.

In the MU17 race Eric Beaumont 4<sup>th</sup>, Sam Headley 7<sup>th</sup> and Alexander Thompson 9<sup>th</sup> were rewarded with Championship Team Silver medals, with Derbyshire taking the Gold and Lancashire the Bronze medals. Individual Champion was Will Longden of Derbyshire who finished 3<sup>rd</sup> in the Derbyshire XC Championships.

In the FU19 race Emily Jones 6<sup>th</sup>, Emily Field 7<sup>th</sup> and although Katie Atkinson had to retire injured, the women still finished with fantastic team Silver medals just beating North Wales on count back, whilst Lancashire took Team Gold and Individual Gold with Lancashire XC Champion Finty Royle.

In the MU19 race Sebastian Segger-Steveley 13<sup>th</sup>, Jack Walton 14<sup>th</sup> and William Thompson 22<sup>nd</sup> meant Yorkshire finished outside the medals in 4<sup>th</sup> place, where North Wales took Gold, Lancashire Silver and Derbyshire the Bronze Team medals. Individual Champion was Matthew Knowles of Lancashire.