



**22<sup>ND</sup> SOREEN STANBURY SPLASH**  
**23<sup>RD</sup> JANUARY 2005 7 MILE/1200FT**



**SWEET TASTE OF SUCCESS**

Ian Holmes who has dominated the Stoop and Auld Lang Syne races with 10 consecutive wins, won the 22<sup>nd</sup> Soreen Stanbury Splash fell race for a perfect 10 last Sunday on a cold clear day. Under foot conditions were perfect with frozen ground, although the strong wind put paid to Ian improving his own course record of 43-35. Ian even at the age of 39, still had the legs to beat Salford's John Brown, and newly crowned Yorkshire Cross Country Champion John Heneghan. Affectionately nicknamed the Malt Loaf run by the runners, because of the generosity of Soreen, which enables every finisher to receive a Malt Loaf so they can restore their energy supplies, with their fruity cereal Go bars being distributed at the prize giving. Ian always has toasted malt loaf every morning, maybe this is part of his secret of staying at the highest level for so long.

The first local trophy was once again won by Aire Valley cyclist come runner, Robin Bradbury, who only had 17 seconds to spare before 5 times winner Colin Moses crossed the line with Oxenhopes Martin Roberts 3<sup>rd</sup>.

Stoop lady winner, 22 year old Natalie White, who had a below par run at the Yorkshire Cross Countries equaled Helen Johnson's 2000 time, which is the 3<sup>rd</sup> fastest time ever by a woman, only 6 times winner Carol Greenwood and twice winner Sarah Rowell have run faster. Sarah now living in Haworth did however win the over 40's title with 4<sup>th</sup> overall, behind defending champion Sharon Taylor & Helen Sedgwick.

1	IAN HOLMES		BINGLEY	44-46	1
2	JOHN BROWN		SALFORD	45-07	24
3	JOHN HENEGHAN		P&B	46-23	1
4	DAVE NEILL	V40	STAFFS MOORLAND	47-31	82
5	STEVE SWEENEY	V40	BOWLAND	48-55	150
6	JASON HEMSLEY		P&B	49-03	143
7	SHAUN WILLIS		TODMORDEN	49-11	115
8	JOHN WRIGHT		TODMORDEN	49-36	33
9	ANDY SHAW	V40	HOLMFIRTH	50-14	177
10	ANDY BLACK	V40	CLAYTON	50-26	173
11	ALEX GRANT	V40	ABBEY	50-31	152
12	STEFAN MACINA		P&B	50-37	247
13	BRIAN STEVENSON	V40	P&B	50-48	144
14	JULIAN RANK	V40	HOLMFIRTH	50-54	56
15	ANDREW ROBERTSHAW		OTLEY	51-06	21
16	DALE GOODWIN		AIRE VALLEY R	51-12	52
17	ANDREW PREEDY		ROSSENDALE	51-27	88
18	RICHARD PATTINSON	V40	P&B	51-40	79
19	JOE ARMITAGE		PUDSEY P.	52-10	6
20	SHANE GREEN	V40	P&B	52-17	189
21	SHAUN GODSMAN		TODMORDEN	52-32	23
22	PHIL LIVERMORE		ABBEY	52-38	40
23	PAUL CRABTREE		KLY&C	52-40	72
24	CRAWFORD OLIPHANT		P&B	52-43	27
25	BRIAN GOODISON	V40	ABBEY	52-48	159
26	NATALIE WHITE	F	HOLMFIRTH	52-52	47
27	ROBIN BRADBURY		LOCAL BINGLEY	52-55	123
28	TIM EDWARD		UA	52-57	190
29	JIM RYDER		ILKLEY	52-59	137
30	PAUL BURNETT		WHARFEDAILE	53-03	112
31	COLIN MOSES		LOCAL BINGLEY	53-12	4
32	GRAHAM PEARCE		ILKLEY	53-19	77
33	MARK GOLDIE		TODMORDEN	53-41	143
34	KEN TAYLOR	V50	ROSSENDALE	53-45	17
35	DARREL BRADBURY	V40	DPFR	53-48	22
36	JON HOBBS		DPFR	54-26	301
37	ALAN ALTY	V40	CHORLEY	55-09	25
38	SHARON TAYLOR	F	BINGLEY	55-11	58
39	GRAHAM BIRD	V40	AIRE VALLEY R	55-57	157
40	JASON STEVENS		UA	56-04	128
41	MARTIN ROBERTS	V40	LOCAL TODMORDEN	56-08	260
42	MARK NUTTER	V40	CLAYTON	56-13	193
43	ARTHUR TIMMINS		HARROGATE	56-15	366
44	DOMINIC RABY		CHORLEY	56-17	104
45	PHIL HINCHCLIFFE		BARNSLEY	56-24	255
46	HELEN SEDGWICK	F	ILKLEY	56-30	111
47	STEVE BOOTH	V40	ROBERT TOWN	56-33	183
48	JAMIE HUTCHINSON		ILKLEY	56-36	110
49	MALC CHRISTIE	V40	CHORLEY	56-43	88
50	TONY HESKETH	V50	HORWICH	56-57	16

51	RICHARD GRIFFITHS	V40	HOLMFIRTH	57-00	18
52	PAUL HINDLE	V40	KLY&C	57-02	315
53	SARAH ROWELL	FV40	LOCAL P&B	57-04	39
54	NICK PEARCE	V50	ILKLEY	57-10	78
55	ANDREW WOOD		BINGLEY	57-14	202
56	JULIAN DONNELLY	V40	DARWEN D	57-17	125
57	RUSS FAIRHURST	V40	KLY&C	57-18	116
58	WILL SMITH		KLY&C	57-20	117
59	GRAEME TIFFANY	V40	PUDSEY	57-23	127
60	NICK RICHARDSON		ILKLEY	57-26	187
61	PAUL ARCHER		UA	57-30	206
62	ROB SHARRATT		CALDER	57-32	172
63	KEITH MIDGLEY	V50	HALIFAX	57-46	192
64	COLIN GILMOUR	V40	UA	57-51	118
65	EMMA BARCLAY	F	ILKLEY	57-52	81
66	MATTHEW HULLEY		DPFR	57-54	197
67	DAVID CLANCY		WOODKIRK	57-56	254
68	MARTIN POLLITT	V40	BURNDEN RR	57-58	48
69	SIMON GALLOWAY	V40	TODMORDEN	57-59	93
70	IAN PUDGE		ROSSENDALE	58-00	57
71	MARTIN TERRY	V40	CLAYTON	58-01	38
72	MARK CLARKSON		KLY&C	58-03	207
73	JEFF PICKUP	V50	CLAYTON	58-06	37
74	JOHN FORTESQUE	V40	ABBEY	58-12	35
75	AMY GREEN	F	KLY&C	58-24	171
76	EDDIE WINSLOW		ILKLEY	58-27	94
77	DUNCAN ASQUITH	V40	SKYRAC	58-29	153
78	LISA LACON	F	HOLMFIRTH	58-31	147
79	RICHARD BALLARIES	V50	CLAYTON	58-34	166
80	DAVID MCGUIRE		UA	58-39	109
81	PAUL BROADLEY	V40	UA	58-53	168
82	MARTIN FARRER	V40	SKYRAC	59-14	164
83	MIKE MEADOWCROFT		DALLAM	59-23	194
84	JOHN ADAIR	V50	HOLMFIRTH	59-34	32
85	JAMIE ROBINSON		BINGLEY	59-38	129
86	JOHN DOYLE		PENNINE	59-46	3
87	ADRIAN MUIR	V40	CALDER	59-50	154
88	ANDY QUICKFALL	V40	NEWBURGH N	59-59	98
89	SALLY MALIR	FV40	ILKLEY	60-08	169
90	PETE BRAMHAM	V50	KLY&C	60-18	195
91	IAN CRABTREE		CHORLEY	60-23	162
92	BOB PRITCHARD	V40	SKYRAC	60-45	313
93	JEFF FIELDING	V60	ROSSENDALE	61-00	12
94	MARTIN WOOD	V40	CFR	61-14	90
95	ALAN WATSON	V50	HOLMFIRTH	61-37	89
96	GARETH BOOTH		CHORLEY	60-38	26
97	GARY PLATT	V40	CHORLEY	60-40	54
98	MARK WHITAKER	V40	KLY&C	60-45	176
99	ROB THACKERY		UA	60-56	314
100	PAUL SHARPLES	V40	BINGLEY	62-01	83

101	NEIL HARDIMAN		CLAYTON	62-15	186
102	KEVIN WALKER	V40	UA	62-25	20
103	NEIL PALMER		CALDER	62-41	55
104	KEITH BINNS	V40	UA	62-46	244
105	NEIL ALDERMAN	V40	TRAWDEN	62-49	71
106	DANNY WARD		BINGLEY	62-51	205
107	DICK BALLANTINE		UA	62-54	158
108	BOB WRIGHTMAN	V40	ILKLEY	62-57	138
109	RAYMOND McTWEED	V40	STAINLANS L	63-00	179
110	ALEX ANDERSON		V STRIDERS	63-09	317
111	PETER STARKEY	V50	CHORLEY	63-10	15
112	STEVE PLUNKETT		BINGLEY	63-12	50
113	GRAHAM BREEZE	V50	SKYRAC	63-16	28
114	JOHN SMITH	V40	ILKLEY	63-18	242
115	ANDREW DUGDALE	V40	CLAYTON	63-20	307
116	JOE FOSTER	FV35	ILKLEY	63-24	138
117	PHIL ATKINSON	V40	ILKLEY	63-29	184
118	TREVOR MILNER	V40	UA	63-32	42
119	ANDREW HIRST	V40	UA	63-34	147
120	JOHN EGAN		LOCAL BINGLEY	63-37	211
121	DAVID SHINN	V50	DALLAM	63-38	305
122	DEAN THOMPSON		PENDLE	63-44	310
123	DARREN GREEN		UA	64-03	156
124	IAN GOODYEAR	V50	BINGLEY	64-11	19
125	HARRY ATKINSON	V50	BINGLEY	64-17	120
126	DENNIS ACKROYD	V50	ILKLEY	64-26	149
127	ALLAN YEOMANS	V40	ROSSENDALE	64-33	61
128	PAUL STEPHENS	V40	UA	64-34	100
129	STUART FORSYTHE	V40	LYTHAM	64-49	9
130	OWEN HENRIKSON	V40	UA	65-23	76
131	TONY WINBUSH	V50	UA	65-26	304
132	CLIVE GREATORIX	V40	UA	65-27	106
133	PETER DUGDALE	V40	CLAYTON	65-39	308
134	KARL PITT	V40	CHORLEY	65-47	141
135	STEPHEN SMITHIES		CALDER	65-52	80
136	DAVE BARDEN	V40	PUDSEY P	66-02	73
137	JOHN MURRAY	V40	CALDER	66-08	245
138	ANDREW CARTER	V50	CLAYTON	66-20	167
139	TONY GARDNER		UA	66-23	198
140	PAUL WRIGHT	V40	UA	66-25	5
141	PHIL BERRY		UA	66-33	102
142	STEPHEN BATLEY	V50	SKYRAC	66-37	97
143	TONY PEACOCK	V60	CLAYTON	66-39	10
144	BILL HUNTER	V50	HOLMFIRTH	66-41	199
145	BILL MITTON	V60	ACHILLE RATTI	66-46	36
146	ANDREW FIRTH	V40	CLAYTON	66-52	92
147	SALLY CORBIN	F	P&B	66-57	246
148	JIM SOMMERVILLE	V50	HOLMFIRTH	66-58	75
149	SUE FULTON	FV40	BINGLEY	67-01	165
150	DAVE LEE	V50	CHORLEY	67-04	142
151	STEVEN HEMINGWAY	V40	SPEN	67-11	95
152	DAVE BESTON	V40	CALDER	67-29	101
153	RACHEL SHARPLES	FV40	KLY&C	67-32	84
154	KEITH PARKINSON	V50	UA	67-35	70
155	GEOFF WEBSTER	V60	V STRIDERS	67-40	258
156	ANDY HICKS	V50	WYLDA	67-46	212
157	RICHARD O'SULLIVAN	V40	TODMORDEN	68-03	99
158	SHARRON SMITH	F	BINGLEY	68-06	204
159	LINDA CLARKSON	FV35	DARWEN D	68-15	45
160	KEITH ROSS		UA	68-18	14

161	COLIN BETTS	V40	OTLEY	68-35	312
162	DAVID HUGHES	U18	KLY&C	68-37	126
163	STEVE THOMAS	V40	CHORLEY	68-45	63
164	FRAZER HARDIE	V40	KLY&C	68-59	53
165	BRUCE DUNCAN	V50	BINGLEY	69-09	74
166	ALISON ATHROLL	FV40	CLAYTON	69-12	309
167	PETER YATES	V50	ROTHWELL	69-18	316
168	NIGEL RIGG	V40	HALIFAX	69-34	303
169	STUART LANCASTER		UA	69-54	31
170	HEATH RILEY		HALIFAX	70-28	191
171	STEVEN HUNN	V40	SKIPTON	70-32	163
172	CARL BRADSHAW		WHARFEDALE	70-35	67
173	PAUL SESSFORD		KLY&C	70-37	69
174	PETER COOKE	V40	ILKLEY	70-44	185
175	SIMON FLOOD		UA	70-56	107
176	ROBERT HIRST	V50	CLAYTON	71-02	132
177	KIERON ASHWORTH		CLAYTON	71-14	66
178	NICOLA RABY	F	CHORLEY	71-19	105
179	STEVE HUTTON	V60	UA	71-34	175
180	MAX WOOD	V40	SKYRAC	71-40	135
181	MARTIN KIRKMAN	V40	ACHILLE RATTI	71-44	252
182	JACQUELINE SHAW	FV35	DARWEN D	71-51	59
183	PAUL COTTERILL	V50	UA	71-53	155
184	SYLVIA WATSON	FV50	V STRIDERS	72-07	259
185	ANNE MARIA CRABTREE	F	CHORLEY	72-09	161
186	DAVID SHORROCK	V50	DARWEN D	72-13	49
187	SUE ROBERTS	FV40	LOCAL TODMORDEN	72-18	249
188	CHRIS KING		UA	72-28	119
189	WAYNE PERCIVAL	V40	AMBLESIDE	72-33	178
190	PAUL GRIFFITHS	V40	BARNESLEY	72-36	114
191	JACKIE REDMAYNE	FV35	CHORLEY	72-42	7
192	MICK BANKS	V50	UA	72-57	103
193	JAN ATKINS	FV50	CHORLEY	73-00	148
194	A LOWE	V50	CHORLEY	73-06	46
195	CHRISTINE PRESTON	FV40	KLY&C	73-07	241
196	PETER WILSON	V40	UA	73-11	86
197	ARTHUR LENG	V50	KLY&C	73-19	140
198	HILARY LANE	FV40	ABBEY	73-47	41
199	JOHN CRABTREE	V40	BAILDON	74-11	182
200	CLAIRE WAYPER	FV40	ABBEY	74-16	44
201	ROBERT GAYLOR	V40	SPEN	75-51	96
202	JIM TAYLOR	V50	DARWEN	76-01	65
203	JED FUTTER		AIRE VALLEY R	76-10	188
204	EDDIE PUGH	V60	CHORLEY	76-28	29
205	MICK THOMPSON	V40	DEWSBURY	77-08	122
206	GEORGE ARNOLD	V60	PRESTON	77-11	311
207	JONATHAN ROOKES		UA	77-14	34
208	NICK MELLOR	V40	ILKLEY	77-28	260
209	DONALD PRIESTLEY	V40	UA	77-31	310
210	TIM COCK	V60	HOLMFIRTH	77-35	108
211	REBECCA RATFORD	F	BELLE VUE	77-51	60
212	MALCOLM COLES	V60	SKYRAC	77-56	139
213	JOHN BLACKER	V40	HARROGATE	78-11	130
214	CAROLINE HARDING	F	P&B	78-48	203
215	DAVE CHAPMAN	V40	UA	78-51	302
216	RICHARD THACKERY		UA	79-06	190
217	SUE THACKERY	FV35	UA	79-10	252
218	LISA HINCHCLIFFE	F	BARNESLEY	79-11	256
219	PHIL THACKERY	V50	UA	79-34	248
220	JOHN McDONALD	V60	CHORLEY	81-15	64



221	NEIL LAW		ROSSENDALE	81-53	251
222	HELEN YEOMANS	FV40	ROSSENDALE	82-02	62
223	ROGER DAWSON	V50	SKYRAC	82-20	113
224	PHIL BUCZKO	V40	UA	83-20	200
225	PAUL CAPEWELL		UA	83-22	160
226	ROB ELSTON	V40	UA	83-23	201
227	PETER STEVENSON	V60	P&B	83-25	146
228	DAVID CATTANACH	V50	OTLEY	83-29	30
229	JULIE GOODWIN	F	AIRE VALLEY R	83-39	51
230	ELAINE ATKINSON	FV35	DARWEN D	84-02	8
231	FLISS MILNER	FV40	NORTH DERBY	84-21	43
232	STUART KITCHEN	V50	BELLE VUE	84-56	180
233	KEVIN EGERTON	V50	BELLE VUE	84-59	181
234	CLAIRE DANIEL	FV40	UA	85-44	131
235	PETER KELLY	V50	UA	86-00	11
236	JIM HODGSON	V40	UA	87-48	208
237	PAUL BUCKLEY	V50	UA	89-40	145
238	STEVEN TOPHAM	V50	SALTWELL	91-50	121
239	JANET CHAPLIN	FV40	CHORLEY	92-53	91
240	SHAUN FORTES	V50	DEWSBURY RR	94-37	13
241	JACKIE CARTER	FV40	SPEN	100-22	133
242	NAZIR HUSSAIN	V50	SPEN	100-41	151
243	AMANDA PEARSON	FV35	SPEN	110-01	134
	5 RETIRED				
	<b>TEAMS MEN</b>				
1	P&B 3.6.12=21				
2	TODMORDEN 7.8.21=38				
	<b>TEAM LADIES</b>				
1	ILKLEY 3.5.8=16				
	<b>UNDER 18 RACE</b>		<b>5 MILES</b>		
1	KATHARINE WOODHEAD	F	HOLMFIRTH	44-22	85
	<b>UNDER 8 RACE</b>				
1	MARCUS PREEDY		UA	2-49	
2	MATT SWEENEY		UA	3-05	
3	LUKE DONNELLY		DARWEN	3-08	
4	JOANNA KELLY	G	UA	3-53	
5	FAYE ROBINSON	G	LEEDS CITY	3-54	
6	GREGORY SMITH		WHARFEDALE	3-55	
7	BEN JONES		UA	4-00	
8	LOUIS HOLMES		UA	4-02	
9	AMY MOSES	G	UA	4-05	
10	JOE JONES		UA	4-08	
11	CALLUM AROSS		UA	4-10	
12	YASMIN WRIGHT	G	UA	4-13	
13	KELSEY RUTHERFORD	G	UA	4-14	
14	DAN JONES		UA	4-27	
15	ZARA PREEDY	G	UA	4-30	
16	POPPY BALLANTINE	G	UA	5-59	

1	THOMAS SESSFORD	U14	RECORD KLY&C	6-21	
2	JACK BARBER	U14	GLOSSOPDALE	6-58	
3	JON BRADSHAW	U12	WHARFEDALE	7-11	
4	RACHEL SEARSON	GU14	BLACKBURN	7-28	
5	BEN PAGE	U14	HALIFAX	7-35	
6	ROSIE HELLAWELL	GU12	KLY&C	7-52	
7	JOSH FERGUSON	U10	KLY&C	7-56	
8	EMILY THROUPE	GU12	WHARFEDALE	7-58	
9	ANDREA BAKER	GU14	BURY	8-04	
10	HARRY SESSFORD	U10	KLY&C	8-09	
11	THOMAS CUNNINGHAM	U14	WHARFEDALE	8-15	
12	SAM RICHARDS	U14	PENDLE	8-18	
13	ASHLEY RUTHERFORD	U14	CLAYTON	8-28	
14	OLIVER WATSON	U10	V STRIDERS	8-38	
15	ROBERT PAYNE	U10	DPFR	8-39	
16	OWEN WHELAN	U12	BINGLEY	8-40	
17	BENJAMIN INGLESON	U10	KLY&C	8-41	
18	LEWIS YEOMANS	U14	ROSSENDALE	8-43	
19	MEGAN JONES	GU12	UA	9-27	
20	LUCY ALDERMAN	GU10	PENDLE	9-29	
21	ANDREW TAYLOR	U10	UA	9-33	
22	CHARLOTTE ATKINSON	GU12	DARWEN	9-36	
23	KATIE DONNELLY	GU12	DARWEN	10-10	
24	CONNOR HOBBS	U10	UA	10-16	
25	SALLY SEARSON	GU10	BLACKBURN	10-20	
26	ADAM HARPER	U10	BINGLEY	10-24	
27	HANNAH JONES	GU10	UA	10-32	
28	LEWIS THOMPSON	U12	UA	10-49	
29	DECLAN DOYLE	U10	PENNINE	11-07	
30	HANNAH SHAW	GU10	DARWEN	11-11	
31	FRANKIE HOBBS	GU12	UA	11-31	
32	ANNA WATSON	GU10	V STRIDERS	12-14	
33	AMY ROBINSON	GU10	LEEDS CITY	12-53	
	<b>UNDER 16</b>		<b>2 MILES</b>		
1	CARL ANDREW		ROSSENDALE	12-18	
2	SARAH YEOMANS	G	ROSSENDALE	15-31	
3	HOLLY PAGE	G	HALIFAX	15-51	
	<b>JUNIOR RECORDS</b>				
B	BEN LINDSAY	U16	PENDLE	11-41	
B	THOMAS SESSFORD	U14	KEIGHLEY & C	6-21	
B	RYAN GOULD	U12	E.CHESHIRE	6-30	
B	RORY ADDISON	U10	HELM HILL	7-17	
B	JAMES HALL	U8	BINGLEY	2-29	
G	ALEX WHEATMAN	U16	SCARBOROUGH	13-35	
G	ALICE FULTON	U14	BINGLEY	7-17	
G	JENNY ADDISON	U12	HELM HILL	7-46	
G	ROSIE HELLAWELL	U10	KEIGHLEY & C	8-14	
G	FAITH BIDDLE	U8	PENDLE	2-56	

Three juniors from Keighley and Craven showed good form, with current under 12 English champion Thomas Sessford setting a new under 14 record, while Rosie Hellawell won the under 12 girls and Josh Ferguson the under 10's from 53 runners. Thomas and Rosie then had the honour of starting the Soreen senior race, after being introduced and cheered by the runners amassed in Penistone Hill Quarry.

