

4TH FEB 1996

13TH SCREEN STANBURY SPLASH

7M/1200FT

				RECORD	N ^o
1	IAN HOLMES	BINGLEY	46:15	LOCAL	61
2	GARY DEVINE	P.A.B.	49:00		149
3	SHANE GREEN	P.A.B.	49:04		148
4	PHIL SHEARD	P.A.B.	49:13		41
5	TONY HESKETH	HOLWICH	49:17	V40	87
6	MARTIN CORBETT	ROSSDALE	49:29		39
7	IAN FERGUSON	BINGLEY	49:33	LOCAL	88
8	JOHN BROOK	BINGLEY	49:34		57
9	COLIN VALENTINE	KESWICK	49:36		106
10	MALCOLM PICKERING	ILKLEY	49:46	V40	50
11	COLIN MOSES	BINGLEY	49:47		162
12	DAVE WOODHEAD	HOLWICH	49:53		164
13	PAUL BRISCOE	P.A.B.	51:02		120
14	RAY WADDINGTON	KLT HR	51:09		104
15	GARY SUMNER	ROSSDALE	51:17		117
16	SHAWN ADDISON	CLEM	51:46	RECORD	58
17	SARAH ROWELL	P.A.B.	51:53	FEM	38
18	DAVE BEELS	ROCHDALE	51:58	V40	105
19	MICK ADDISON	CLEM	52:01		134
20	JAMES LOGUE	HOLWICH	52:07	LOCAL	115
21	NICK PEARCE	ILKLEY	52:14	V40	76
22	GRAHAM BIRCH	CAMBRIDGE TR.	52:27		150
23	TIM INGLEHEARN	HARROGATE	52:29		52
24	JULIAN RANK	HOLMFRITH	52:30		71
25	KIERAN CARR	CLEM	52:37	V50	112
26	ROBIN LAURANCE	BINGLEY	52:49		37
27	JERRETT BARBER	ROCHDALE	52:57	V40	43
28	SIMON CLARKE	CLEM	53:26		67
29	JANNIE BUTLER	KLT RR	53:45	V40	101
30	MARK BARRETT	KLT HR	53:49		72
31	DAVE COLLINS	UIA	54:00	V40	85
32	JAMIE DORE	ROCHDALE	54:05	V40	40
33	NEIL HOLDING	DARWEN D.	54:09		113
34	BRIAN MILLER	HARROGATE	54:31		125
35	STEVE SANDERSON	BRAD/AIRE	54:49	V40	69
36	ANDREW LEE	ROCHDALE	54:55		135
37	BILL MITCHELL	CLEM	55:01	V40	80
38	ANDY THORNER	BINGLEY	55:12		142
39	PETER KETTLERBAUM	UIA	55:20		36
40	COLIN TORD	HARROGATE	55:23	V40	79
41	MARK NUTTER	CLEM	55:28		159
42	STEVEN LITTLE	BINGLEY	55:36		136
43	GARETH BLUFF	UIA	55:46		126
44	STEVE JAGHMAN	LEDS C.	56:05		44

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45	DANNY WARD	BINGLEY	56:08		74
46	NIGEL SHAW	ROCHDALE	56:23	V40	64
47	DARRON MOSES	UIA	56:29		86
48	GLINDA COOK	ROCHDALE	56:45	RECORD	42
49	PAUL WHELAN	BINGLEY	56:46		137
50	ROBIN BRADBURY	UIA	57:02		124
51	PETER NUTTALL	ROSSDALE	57:07		109
52	STEVE SMITH	RIPON	57:18	V40	139
53	ANDREW TONES	V. STRIDDERS	57:22		75
54	STEFAN FORGE	HARROGATE	57:30	V40	48
55	JULIAN DANWELL	DARWEN D.	57:45		35
56	GEORGE THOMPSON	CLEM	57:46	V40	116
57	KEVIN WALKER	YORK FRICT	57:54		107
58	JORDAN DUNSTAN	LEDS C.	57:58	FEM	121
59	BARRY SLATER	KLT. H.R.	58:31	V40	108
60	DENNIS ACKROYD	ILKLEY	58:49	V40	58
61	DARRIL BRADBURY	D.P.F.R.	58:58		123
62	PAUL ROGAN	KLT.H.R.	59:07	V40	63
63	JOHN ADAIRE	HOLMFRITH	59:15	V40	131
64	PETER DUGDALE	CLEM	59:31		160
65	RAY FELL	ROSSDALE	59:33	V40	110
66	GLION MILLETT	HARROGATE	59:35	V50	53
67	KEVIN WHITAKER	SADDLEBOTH	59:37	V40	132
68	KEVIN ROGAN	KLT H.R.	59:52		33
69	DAVE TOLSON	UIA	59:57		68
70	LUCY DAVIES	SADDLEBOTH	60:19	FEM	133
71	MIKE SMITH	BINGLEY	60:49		152
72	FRANK CANNON	KLT RR	61:08	V40	84
73	GRAHAM ELLIES	CLEM	61:26		127
74	PAUL WEBER	KLT. H.R.	61:45	V40	144
75	JIM ROWE	ROSSDALE	62:10	V40	55
76	DAVID SHEPARD	CLEM	62:13	V40	142
77	JERGARD NAWAN	ROSSDALE	62:19	V50	32
78	AMANDA ISDALE	BINGLEY	62:27	FV35	47
79	JOHN YOUNG	BINGLEY	62:31	V40	62
80	NIGEL HARVEY	HALIFAX	62:59	V40	102
81	PAUL STYLES	ILKLEY	63:27		156
82	RAY RICKETT	UIA	63:32	V40	49
83	MARK WEBER	ILKLEY	63:43	V40	131
84	DEV McWADE	CLEM	64:25	RECORD	73
85	LINDA BOSTOCK	CLEM	64:30	FV35	101
86	ANDREW FIRTH	CLEM	64:48		65
87	DAVIS QUINLAN	BINGLEY	65:03	V50	77
88	MICHAEL FROST	CLEM	65:09	V40	157

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89	KEN BRIDGE	ACCRINGTON	65:22	V40	146
90	JACK McGUIRE	CLEM	65:24	V40	122
91	CATHERINE ASHTON	CLEM	65:25	FEM	155
92	KEVIN SAVILLE	D.P.F.R.	65:27		46
93	JEAN SANDERSON	BRAD/AIRE	65:37	FV40	70
94	COLIN TOWN	DORRY DALE	65:43		66
95	PHIL SCOTT	UIA	65:46	V40	140
96	JILL TOWN	DORRY DALE	66:10	FV35	147
97	DAVID DAY	RIPON	66:42	V40	138
98	KEN RICHARDSON	CLEM	67:05	V50	145
99	WILLIAM GILBERT	BINGLEY	67:23		34
100	DEREK BROWN	CLEM	68:01	V50	118
101	BARRY TYSON	BOLTON	68:05	V40	65
102	MAUREEN McASHTON	CLEM	68:59	FV40	153
103	MAGGIE DUNN	BINGLEY	69:24	FV40	111
104	ROB SENIOR	BINGLEY	70:18	V40	60
105	MICK HEATON	DARWEN D.	70:57	V40	114
106	FRANK APPLETON	RIPON	72:04	V50	59
107	STEVE DUGDALE	UIA	72:27	RECORD	83
108	CHRIS PORRITT	ILKLEY	72:40	FV50	103
109	SALLY PICKERING	ILKLEY	75:09	FEM	51
110	ROB TEMPLEMAN	ILKLEY	75:24		78
111	HOWARD ALLEN	ILKLEY	76:02	V40	130
112	TONY LEVER	UIA	76:43	V40	163
113	JILL COOKE	ILKLEY	77:06	FEM	129
114	ROBERT ADAMSON	BINGLEY	82:13		14
115	MICK GROOM	ROCHDALE	87:47	V40	81
116	PETER HENEGHAN	BOLTON	87:52	V50	122
117	PAULINE DORE	ROCHDALE	87:58	FV40	119

3 RETIRED
 THESE LAST 2 ATHLETES SACRIFICED
 THEIR RACE TO AID AN INJURED RUNNER
 IN THE TRUE SPIRIT OF FEL RUNNING

MANY THANKS!!!

- TEAM
- 1. P.A.B. 2, 3, 4, 13 = 22
 - 2. BINGLEY 1, 7, 8, 11 = 27
- LADIES
- 1. CLEM 6, 7, 8 = 21

Records crash in Splash

Records tumbled in the Stanbury Splash fell race — despite snow and ice on the seven-mile course.

Ian Holmes confirmed his domination of the local fell running scene, slicing 12 seconds off the old record, and becoming the first ever local winner of the event, and Sarah Rowell broke the women's record by an incredible six minutes 21 seconds.

Just 53 seconds separated 2nd from 12th as the group battled it out behind Holmes.

It wasn't until the prize giving at the Clog and Cobble Inn, Haworth, that Holmes knew he had broken Colin Donnelly's record, and he warned that in good conditions he could improve the time by 2-3 minutes.

"I lost time early in the race by not cutting a corner on the road and by stopping to re-tie my shoelace at the Stanbury Moor trig-point. But the worst part of the snow covered course came after climbing Ponden Kirk and over the tussocks to the summit, I didn't know whether to run between the tussocks or on top of them. Which ever choice I made the going always looked better by the other route and I

Stanbury Splash

lost more time going to and fro," he said.

Within the last month the in-form athlete has won the Auld Lang Syne event, the Bob Smith 5 road race, set a new record at the Boulsworth Hill race, and coasted home at the Stoop, which was held for people turning up for the postponed 'Splash' the previous weekend.

In training Holmes runs 60-65 miles a week, running over Druids Lane and past the Altar on his way too and from work in Bingley both summer and winter.

He also snatched the locals Trophy race which is to be held on Mt Snowden in July. Sarah Rowell finished 17th overall on her record-breaking run, just behind Long Lee athlete Shaun Addison. She also broke the record in the Ogden Moors Race the previous day, and is the current English and British fell champion. She aims to break her own Three Peaks record of 3hrs 16mins 29secs this year.

The Keighley News team trophy was won by Leeds club Pudsey and Bramley who beat



Keighley News Trophy winners (from left): Paul Briscoe, Gary Devine, Phil Sheard and Shane Green

off a determined effort to claim back the trophy by Bingley Harriers. The Leeds team collected 22 points with runners coming in 2nd, 3, 4, and 13 to Bingley's 1, 7, 8, and 11 which gave them 27 points.

Once again the event was sponsored by Warburton's Bakers who provided Soreen loaves for every runner, and for his record breaking run Holmes collected five flavours of Soreen Malt Loaf, a jar of quality street for first local and an oil painting of Ponden Kirk, a feature of the race.

Results: 1 Ian Holmes (Bingley) 46:15, 2 Gary Devine (Pudsey and Bramley) 48:00, 3 Shane Green (P & B) 49:04, 4 Phil Sheard (P & B) 49:13, 5 Tony Hedkath (Rozewicki) 49:17, 6 Mark Corbett (Rozewicki) 49:29, 7 Ian Ferguson (Bingley) 49:33, 8 Colin Valentine (Kawacki) 49:36, 9 Colin Pickering (Riley) 49:46, 10 Colin Moss (Bingley) 49:47, 11 Dave Woodhead (Rozewicki) 49:53, 12 Paul Briscoe (P & B) 51:02, 13 Ray Waddington (Keighley) 51:00, 14 Kevin Carr (Cliff) 52:37, 15

Ladies: 1 Sarah Rowell (P & B) 51:53, 2 Glynis Cook (Rozewicki) 56:45, 3 Julie Dunstan (Leeds City) 57:58, 4 Lucy Davies (Skelthorpe) 60:10, 5 Amanda Ingle (Bingley) 62:27, 6 35 Ladies teams: Clayton 6:7.8 - 21pts

MORE RACES TO DO!!

TUE. APR 2. BUNNY RUN ONE. CS. 7.00 p.m. 3m/300' from the Guide Inn, 1.5m south-east of Keighley, (GR 065386 on OS sheet 104). £1.50 on night only. Teams free. PM. Over 14. Records: 17.03 I.Holmes 1995; f. 20.06 C.Greenwood 1993. All finishers receive a Cadbury's Creme Egg; all prizes in Bunny Run Series are Easter Eggs.

TUE. APR 9. BUNNY RUN TWO. CS. 7.15 p.m. 3m/300' from the Guide Inn, 1.5m south-east of Keighley, (GR 065386 on OS sheet 104). £1.50 on night only. Teams free. PM. Over 14. Records: 17.03 I.Holmes 1995; f. 20.06 C.Greenwood 1993. All finishers receive a Cadbury's Creme Egg. All prizes in Bunny Run Series are Easter Eggs. Details: Dave Woodhead, 166 Hainworth Wood Road, Keighley, W.Yorkshire.

TUE. APR 16. BUNNY RUN THREE. CS. 7.30 p.m. 3m/300' from the Guide Inn, 1.5m south-east of Keighley, (GR 065386 on OS sheet 104). £1.50 on night only. Teams free. PM. Over 14. Records: 17.03 I.Holmes 1995; f. 20.06 C.Greenwood 1993. All finishers receive a Cadbury's Creme Egg. All prizes in Bunny Run Series are Easter Eggs. Details: Dave Woodhead, 166 Hainworth Wood Road, Keighley.

TUE. APR 23. BUNNY RUN FOUR. CS. 7.30 p.m. 3m/300' from the Guide Inn, 1.5m south-east of Keighley, (GR 065386 on OS sheet 104). £1.50 on night only. Teams free. PM. Over 14. Records: 17.03 I.Holmes 1995; f. 20.06 C.Greenwood 1993. All finishers receive a Cadbury's Creme Egg. All prizes in Bunny Run Series are Easter Eggs. Free buffet to all finishers plus presentation of overall series awards. Details: Dave Woodhead, 166 Hainworth Wood Road, Keighley, W.Yorkshire, BD21 5DF. Tel: 01535 669100.

Warburton's
Family Bakers Since 1876

UNDER 14

1.	IAN HARVEY	HALIFAX	5:57	414	32
2.	LEE BROADLEY	-	6:15	414	36
3.	NICOLA SLATER	KLY HR	6:34	414	34
4.	KATE ROGAN	KLY HR	7:32	414	37
5.	CHERYL SLATER	KLY HR	7:44	412	35
6.	VICTORIA WADDINGTON	-	9:54	412	33

UNDER 16

1.	SARAJITHA WADDINGTON	SKIPTON	12:43	416	35
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BOTH RACES RUN TOGETHER

TUE. JULY 9. THE SEABROOK HEATHCLIFF AND CATHY CANTER. CM. 7.30 p.m. 6.5m/800' from Penistone Hill Country Park, near Haworth, Keighley, W.Yorkshire, (GR 025364). £1.50 on night only. Teams free. PM. Over 16. Records: 37.09 C.Donnelly 1990; f. 41.18 C.Greenwood 1993. All finishers will receive a bag of Seabrooks Crisps. Details: Dave Woodhead, 166 Hainworth Wood Road, Keighley, W.Yorkshire, BD21 5DF. Tel: 01535 669100.

SAT. OCT 26. 5th. WITHINS SKYLINE SEVEN. BM. 11.30 a.m. 7m/1000' from Penistone Hill Country Park, near Haworth, Keighley, W.Yorkshire (GR 025364). £2.00 on day only. Teams free. PM/NS. Over 16. Also junior races: U9/U12/U14; 10.30 a.m.; 1m.; 50p. U16; 10.45 a.m.; 2m.; 50p. Records: 39.39 G.Patten 1995; f. 46.09 S.Rowell 1995. All finishers receive a chocolate treat. Details: Dave Woodhead, 166 Hainworth Wood Road, Keighley, W.Yorkshire, BD21 5DF. Tel: 01535 669100.

SUN. DEC 22. THE 6th. STOOP. BS. 11.30 a.m. 5m/800' from Penistone Hill Country Park, near Haworth, Keighley, W.Yorkshire, (GR 025364). £2.00 on day only. Teams free. PM. Over 16. Also junior races: U9/U12/U14; 10.30 a.m.; 1m; 50p. U16; 10.45 a.m.; 2m; 50p. All junior finishers receive a chocolate treat. Records: 26.50 I.Holmes 1992; f. 32.50 C.Greenwood 1992. All finishers receive a Cadbury's Chocolate Pud. All prizes are "Christmas related". Details: Eileen Woodhead, 166 Hainworth Wood Road, Keighley, W.Yorkshire, BD21 5DF. Tel: 01535 669100.

(Soreen) Limited,